## GROUND RULES FOR HOME AND AREAVISITS PHASE III

Visit Purpose: To begin reintegration into the family and family life at home by spending time with my child and other family members so that we may all practice using knowledge & skills learned thus far at SRA.

1. While at Home SRA rules are in effect. This includes but is not limited to:

No sexual activity
No drug or aerosol use (other than prescribed by doctor)
No inappropriate music or dress
Movies as determined by parents
No Internet

- 2. I will spend significant time with my family and some time with extended family. My extended family will include grandparents, aunts, uncles and young cousins that my parents and therapist approved of my visiting. Any time with extended family is decided by AND monitored by my parents.
- 3. I will not contact <u>any</u> of my friends (in person, by telephone or internet) or answer the telephone while I am home. Instead, I will let the answering machine "pick up" and allow the caller to leave a message. If the caller is an appropriate person for me to talk to (a member of my family) I will then call them back. I will not have contact with others in my age group (peers). If we have caller I.D. I will only pick up if it is approved by a parent.
- 4. I will not bring back inappropriate items, including food of any kind, to Spring Ridge Academy. It is my responsibility to inform myself and my parents regarding what is appropriate and inappropriate.
- 5. Upon returning to Spring Ridge Academy I will immediately deposit any money that I have in my possession. I will use the envelope and deposit slip provided.
- 6. I will not mail any unauthorized letters for myself. I will not accept letters from Spring Ridge Academy students to mail during my home or area visit and I will not bring back letters from friends to the students at Spring Ridge Academy.
- 7. I will not contact others for ANY Spring Ridge Academy students during my home or area visit.
- 8. If I accidentally encounter someone I am not supposed to talk to I need not be rude. I will briefly explain that I'm not allowed to talk with them at this time.
- 9. I will wear makeup only as specified for Phase III.
- 10. I will not listen to or watch MTV while on my home or area visit (as described by SRA).
- 11. I will leave and return to Spring Ridge Academy in SRA appropriate clothing.
- 12. Any violation of these rules may result in my immediate return to SRA should my parents choose to do so.
- 13. If situations arise that are not covered by these rules parents judgment is final. If parents would like a "Second" opinion; they may feel free to call Spring Ridge Academy.

I agree to following the afore mentioned ground rules while on my visit

Students Signature

I agree to support my student's integrity by enforcing the following rules, and ensuring that Spring Ridge will be made aware of any deviation by my daughter.

Parent Signature

Date