

SRA STUDENT BASIC VISION FOR DEVELOPMENT AND MATURITY

INDIVIDUAL

Expresses feelings in a proactive manner
Chooses delayed gratification
Demonstrates accountability
Leads in groups
Utilizes feedback
Utilizes appropriate boundaries
Is on time
Completes work and assignments on time
Follows & enforces SRA rules
Is courteous to others
Exhibits self-regulation
Operates as authentic/whole self
Chooses honesty
Develops trust with self & others
Chooses consciousness and awareness
Exhibits self-motivated
Develops and acts in alignment with personal values
Proactively chooses needs and wants
Utilizes self-enhancing beliefs, attitudes & behaviors to govern behavior
Recognizes patterns that work and do not work and makes new choices
Represents self and SRA to visitors by introducing self, handshake and eye contact
Uses proactive & productive self-talk
Creates and prizes working relationships
Takes risks to enhance life and community
Acts in an age-appropriate manner
Makes and keeps appropriate agreements
Exhibits commitment and resiliency in choices
Is cordial and respectful consistently
Exhibits decision-making based on values and morals
Consistently uses ARC as a tool for accountability, responsibility, and present and future goal-oriented planning in all areas
Exhibits empathy for others

ACADEMICS

Leads in classroom rules of conduct & order as
specified by the instructor
Completes units, assignments & outcomes of each course
Actualizes self-enhancing beliefs concerning academics
Utilizes strategies to accommodate learning styles
Maintains a B average
Shares ideas and asks questions
Contributes to group discussions
Utilizes study skills
Utilizes critical thinking & synthesizes material learned
Writes 4 book reports
Understands the importance & impact of
education and discusses with academic advisor and parents
Completes a plan for future academics (discuss
with Academic Administrator and parents)
Understands how education, knowledge, and learning are directly related to
an enhanced life

COMMUNITY

Leads and supports in her room and in other rooms

Takes responsibility for getting to know all students

Exhibits the following skills:

hand shake, eye contact, introductions, make bed, clean

bathroom, vacuum, set table, serve meal, table manners

Maintains a balanced checking account

Leads in combination caseload group

Leads in Commitment group

Participates and leads in service on and off campus

Utilizes phone etiquette

Writes and sends thank you notes

Teaches others community duties: washing,

cleaning, vacuum, table setting, serving

Serves as a peer leader - Big sister

Discloses necessary information to support the safety of self and others

Contributes through action and word to the emotional and physical safety of the community

THERAPY

Reads Commitment books

Participates in review/revision of treatment plan

Participates in caseload groups

Finalizes working friends with family prior to first home visit

Finalizes readiness for dating with family prior to first home visit

Participates in individual and family sessions

Communicates personal therapy goals

Establishes therapeutic goals for visits and practices w/family

Initiates therapy sessions based on personal therapy goals

Has established, and acts from internal values

* Refer to developmental stages

PHYSICAL CONDITIONING

Participates and leads physical conditioning

Values the connection between physical health

and mental, emotional, intellectual, spiritual well being

Exhibits good posture

Exhibits personal hygiene & grooming rituals: body, hair, teeth

Experiences different foods as prepared & served

Follows medical directions and doctor's orders

Incorporates healthy nutrition

Respects her femininity, sexuality, and body

Exhibits healthy beliefs, attitudes, and behaviors about body

Makes appropriate food choices

Completes a minimum of one season of athletic team participation

FAMILY

Demonstrates accountable and honest
communication with family through family therapy,
calls, letter writing, trainings & visits
Exhibits resolution of issues and discusses with parents
Acts to promote trust in family
Incorporates accountable communication with
family
Exhibits proactive boundaries with family
Respects boundaries in the family
Accepts family structure, boundaries and rules